# **Good Friday Meditation on the Cross**

Welcome to our Good Friday service of Meditation at the Cross.

This service provides significant space for silence and personal reflection as we focus on the cross and the events of Good Friday.

Please join in with the hymns and the words in **bold type**.

## The Gathering

We remain silent at the start of the service.

Opening Prayer:
Eternal God,
in the cross of Jesus
we see the cost of our sin
and the depth of your love:
in humble hope and fear
may we place at his feet
all that we have and all that we are,
through Jesus Christ our Lord. Amen.

#### The Word of God

We remain seated for our first reading.

At the end of the reading:

This is the word of the Lord. **Thanks be to God.** 

Silence is kept.

We stand to sing our first HYMN

We sit to hear the Passion reading

Silence is kept.

We remain seated for the MEDITATION ON THE CROSS.

### The Proclamation of the Cross

The ministers carry the cross to the front of the church.

During the singing of the next hymn, those in church are invited to come forward and say a brief silent prayer while kneeling or standing at the foot of the cross.

We sit for the Good Friday Anthem, during which the following response is said:

Holy God, holy and strong, holy and immortal, have mercy upon us.

We conclude the anthem by saying together:

Father, hear our prayer and forgive us.
Unstop our ears that we may receive the gospel of the cross.
Lighten our eyes that we may see your glory in the face of your Son.
Penetrate our minds that your truth may make us whole.
Irradiate our hearts with your love that we may love one another for Christ's sake.
Father, forgive us.

Silence is kept

We adore you, O Christ, and we bless you, because by your holy cross you have redeemed the world.

This is the wood of the cross, on which hung the Saviour of the world. **Come, let us worship.** 

O Saviour of the world, who by your cross and precious blood have redeemed us. **Save us and help us, we humbly pray.** 

## The Prayers of Intercession

We sing our next **HYMN** 

We sit for our prayers of intercession.

*The response to the prayers is* 

Lord, hear us.

Lord, graciously hear us.

We pray the traditional version of THE LORD'S PRAYER together

A final prayer is said, and the ministers depart in silence.